



PRODUCT INFORMATION

'R' CREATINE RECOVERY STACK

FORMAT	Powder
SIZES	750g and 2kg.
FLAVOURS	Raspberry and Tropical.
DOSAGE RANGE	2 heaped scoops (65g).
HOW TO TAKE	2 heaped scoops (65g) in 350ml of water within 15 minutes of completing a workout.

IMAGE



GREAT FOR	Athletes, bodybuilders wanting extra mass, recovery and strength. Those recovering from intensive training, adults looking to size up, those not holding size. Can be combined Kuan and Ni for additional assistance in muscle growth and recovery.
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NUTRITIONAL DATA	Ingredients: Glucose, Dextrose, Micronised Creatine Monohydrate, L-Glutamine, L-Leucine, HMB, Taurine, L-Valine, L-Isoleucine, Flavour, Food Acids (330), Colours: 110
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MUSASHI CODE	750G	Tropical	CMS750/T
		Raspberry	CMS750/R
	2KG	Tropical	CMS2/T
		Raspberry	CMS2/R

