



PRODUCT INFORMATION

NI: THE NOURISHMENT

FORMAT	Powder
SIZES	66gm, 150gm and 300gm
FLAVOUR	Natural Lemon Flavour
DOSAGE RANGE	½ - 1 teaspoon immediately after strenuous activity. For assisting recovery from Injury ¾ - 1 teaspoon late morning & again mid afternoon.
HOW TO TAKE	Mix in or wash down with water or juice.

IMAGE



GREAT FOR Assisting muscle recovery from exercise or injury, helps stabilise blood sugar levels.

NUTRITIONAL DATA	<u>Vitamins & Minerals</u>	<u>Per Serve</u>	<u>Per 100g</u>
	L-Isoleucine	480mg	19.0g
	L-Leucine	1.22g	48.8g
	L-Valine	730mg	29.2g

MUSASHI CODE	66g	GY66
	150g	GY150
	300g	GY300

BARCODE	66g	93259620
	150g	9314549333026
	300g	9314549333125

UPB	66g	25
	150g	30
	300g	30

MUSASHI

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MUSASHI

AMINO ACIDS
BCAAs per 2.5g
Isoleucine 480mg, Leucine 1225g, Valine 730mg

NI • NOURISHMENT
ORAL POWDER

BCAA'S

300g/10.56oz Net

NATURAL LEMON FLAVOUR
AUST R 52576

NI • THE NOURISHMENT
This formulation contains pure branched-chain amino acids. Strenuous exercise can cause breakdown of protein in the muscles. The BCAAs are unlike other amino acids in that they can be taken up very quickly at the muscle site. This formulation is for use after strenuous exercise.

INSTRUCTIONS
• After exercise: 1/2 - 1 teaspoon immediately after strenuous activity.
• From injury: 1/2 - 1 teaspoon late morning and again mid-afternoon.
• Mix into fruit juice or water.
Australian Made
Australian Owned


NUTRITIONAL INFORMATION
Size of serve = 2.5g (1 teaspoon)
Number of serve per 300g = 120

	Per	Per
	Serve	100g
Calories	10cal	400cal
Protein	2.5g	100g
Carbohydrates	Nil	Nil
Fats	Nil	Nil
Cholesterol	Nil	Nil

CONTENTS

	Per	Per
	Serve	100g
L-Isoleucine	480mg	19.0g
L-Leucine	1225g	48.8g
L-Valine	730mg	29.2g

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Australia



Store below 30°C
Shake the powder well

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